



### WHEN YOU'RE SEEN AT OUR FACILITIES, YOU CAN EXPECT QUALITY, COORDINATED CARE

- Our physicians have access to your electronic medical record whenever you get care at a Kaiser Permanente facility.
- Your personal physician can review your test results and quickly refer you to the services you need.
- You can have appointments scheduled with specialists before you leave your personal physician's office.
- We track your care and remind you when you need an exam or screening.



### WE'LL HELP YOU TAKE CHARGE OF YOUR OWN HEALTH

- We offer online access through **kp.org**—by computer or smartphone—so you can:
  - ▶ Order medications
  - ▶ Make appointments
  - ▶ See certain lab results
  - ▶ Email your personal physician
- We provide classes and programs for you and your family, such as:
  - ▶ Prenatal care and breastfeeding
  - ▶ Healthy living
- We partner with our patients in managing care, whether you're having a baby or living with a chronic condition like diabetes or high cholesterol.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color national origin, age, disability, or sex.

**Español (Spanish) ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **800-777-7902** (TTY: 711).

**中文 (Chinese) 注意:** 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 **800-777-7902** (TTY: 711)。

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.  
2101 E. Jefferson St., Rockville, MD 20852  
2020AD0983 MAS 8/1/20-12/31/21



# A better choice for good health

[kp.org/medicaid/va](https://kp.org/medicaid/va)  
855-249-5019



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## SPEEDY ACCESS TO TOP DOCTORS

- In many cases, have same-day visits with your personal physician for urgent medical needs
- 24/7 access to Permanente physicians
- 4 out of 10 specialty referrals are scheduled on the same or next day
- Many Permanente physicians are recognized as Top Doctors by *Washingtonian* magazine (2018), *Northern Virginia Magazine* (2019), and other publications
- Reminders from your personal physician when you are due for an exam or screening

## KEEPING YOU HEALTHY WITH QUALITY CARE

We lead the nation in cervical cancer screenings and management of diabetes and high blood pressure.<sup>1</sup>

## WE KEEP IT SIMPLE AND CONVENIENT

- 16 locations in Virginia and Washington, DC
- One-stop care—lab, X-ray, and pharmacy services located at the same medical centers as our Permanente physicians
- 6 Urgent Care centers in Virginia and Washington, DC—3 open 24/7—to help you avoid the emergency room
- 24/7 medical advice line staffed by registered nurses
- Option to have certain medications mailed to your home for \$0 shipping
- Access to video visits<sup>2</sup> with Permanente physicians for certain conditions

<sup>1</sup> The source for data contained in this publication is Quality Compass 2019 and is used with the permission of NCQA. Quality Compass 2019 includes certain CAHPS® data. Any data display, analysis, interpretation, or conclusion based on these data is solely that of the authors, and NCQA specifically disclaims responsibility for any such display, analysis, interpretation, or conclusion. Quality Compass® and HEDIS® are registered trademarks of NCQA. CAHPS® is a registered trademark of the Agency for Healthcare Research and Quality.

<sup>2</sup> Video visits are available to Kaiser Permanente members who have a camera-equipped computer or mobile device and are registered at [kp.org](https://www.kp.org). You must be present in Maryland, Virginia, or Washington, DC, for visits with your primary care physician or mental health provider. For urgent video visits with an emergency doctor, you may also be present in West Virginia, Florida, North Carolina, or Pennsylvania. For certain medical or mental health conditions. For video visits with a mental health provider, appointments can be scheduled for follow-up care.



## KAISER PERMANENTE MEDICAL FACILITIES

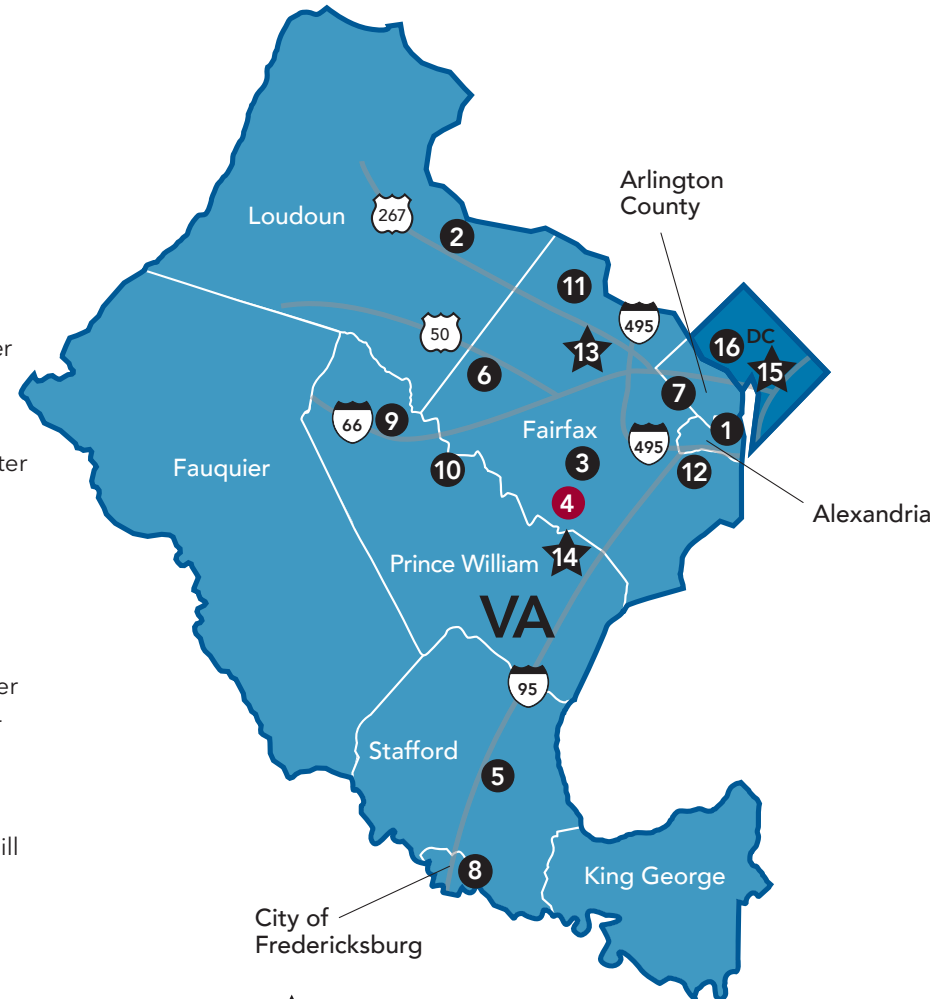
### Virginia

- 1 Alexandria Medical Center
- 2 Ashburn Medical Center
- 3 Burke Medical Center
- 4 **OPENING 2022**  
Caton Hill Medical Center
- 5 Colonial Forge Medical Center
- 6 Fair Oaks Medical Center
- 7 Falls Church Medical Center
- 8 Fredericksburg Medical Center
- 9 Haymarket Crossroads Medical Center
- 10 Manassas Medical Center
- 11 Reston Medical Center
- 12 Springfield Medical Center
- 13 Tysons Corner Medical Center
- 14 Woodbridge Medical Center

### Washington, DC

- 15 Kaiser Permanente Capitol Hill Medical Center
- 16 Northwest DC Medical Office Building

Please check [kp.org/facilities](https://www.kp.org/facilities) for the most up-to-date listing of services available at Kaiser Permanente medical centers.



- ★ These centers offer 24/7:
- Urgent Care
  - Lab
  - Pharmacy
  - Radiology

SEND ME MORE INFORMATION ABOUT VIRGINIA PREMIER AND KAISER PERMANENTE

Name \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Street address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_