



## IF YOU CHOOSE A PERSONAL PHYSICIAN LOCATED AT ONE OF OUR MEDICAL CENTERS, YOU CAN EXPECT QUALITY, COORDINATED CARE

- Our physicians have access to your electronic medical record whenever you get care at a Kaiser Permanente facility.
- Your personal physician can review your test results and quickly refer you to the services you need.
- You can have appointments scheduled with specialists before you leave your personal physician's office.
- We track your care and remind you when you need an exam or screening.

## ADDITIONAL BENEFITS

- No pharmacy copayments
- Adult dental care
  - ▶ Oral exams and cleanings twice a year
  - ▶ Limited X-rays
  - ▶ Limited fillings
  - ▶ Limited extractions
- Adult vision care
  - ▶ One eye exam per year
  - ▶ One pair of glasses every two years



## WE'LL HELP YOU TAKE CHARGE OF YOUR OWN HEALTH

- We offer online access through **kp.org**—by computer or smartphone—so you can:
  - ▶ Order medications
  - ▶ Make appointments
  - ▶ See certain lab results
  - ▶ Email your personal physician
- We provide classes and programs for you and your family, such as:
  - ▶ Prenatal care and breastfeeding
  - ▶ Healthy living
- We partner with our patients in managing care, whether you're having a baby or living with a chronic condition like diabetes or high cholesterol.

HealthChoice is a program of the Maryland Department of Health.

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color national origin, age, disability, or sex.

**Español (Spanish) ATENCIÓN:** Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **800-777-7902** (TTY: 711).

**中文 (Chinese) 注意:** 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 **800-777-7902** (TTY: 711)。

Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.  
2101 E. Jefferson St., Rockville, MD 20852  
2019AD2263 MAS 12/1/19-12/1/20



[kp.org/medicaid/md](https://kp.org/medicaid/md)  
**855-249-5019**

# A better choice for good health

MARYLAND HEALTHCHOICE



**BUSINESS REPLY MAIL**

FIRST-CLASS MAIL

PERMIT NO. 2001

LANHAM, MD

POSTAGE WILL BE PAID BY ADDRESSEE

ATTENTION: ART & NEGATIVE GRAPHICS  
4621 BOSTON WAY  
SUITE C  
LANHAM MD 20706-9906



NO POSTAGE  
NECESSARY  
IF MAILED  
IN THE  
UNITED STATES





- KEEPING YOU HEALTHY WITH  
QUALITY CARE**

We lead the nation in cervical cancer screenings and management of diabetes and high blood pressure.\*

## WE KEEP IT SIMPLE AND CONVENIENT

- 20 locations in Maryland and Washington, DC.
- One-stop care—lab, X-ray, and pharmacy services located at the same medical centers as our Permanente physicians.
- 9 Urgent Care centers in Maryland and Washington, DC—4 open 24/7—to help you avoid the emergency room.
- 24/7 medical advice line staffed by registered nurses.
- Option to have certain medications mailed to your home for \$0 shipping.
- Access to video visits with Permanente physicians for certain conditions.



**KAISER PERMANENTE  
MEDICAL FACILITIES**

## Maryland

- 1 Abingdon Medical Center
- 2 Annapolis Medical Center
- 3 Kaiser Permanente Baltimore Harbor Medical Center
- 4 **OPENING 2021**  
Bowie Fairwood Medical Center
- 5 Camp Springs Medical Center
- 6 Columbia Gateway Medical Center
- 7 Kaiser Permanente Frederick Medical Center
- 8 Gaithersburg Medical Center
- 9 Kensington Medical Center
- 10 Largo Medical Center
- 11 Marlow Heights Medical Center
- 12 North Arundel Medical Center
- 13 Prince George's Medical Center
- 14 Shady Grove Medical Center
- 15 Silver Spring Medical Center
- 16 South Baltimore County Medical Center
- 17 Towson Medical Center
- 18 White Marsh Medical Center
- 19 Woodlawn Medical Center

★ These centers offer 24/7:

- Urgent Care
- Lab
- Pharmacy
- Radiology

Please check [kp.org/facilities](https://www.kp.org/facilities) for the most up-to-date listing of the services located at Kaiser Permanente medical centers.

## Washington, DC

- 20 Kaiser Permanente Capitol Hill Medical Center  
21 Northwest DC Medical Office Building



Name

Phone number

Email\_

Street address\_

City -

State

ZIP\_